

## WHA HAZARDOUS SUBSTANCE HEALTH MONITORING

Occupational health monitoring involves regularly checking your employees to spot any health changes that might be caused by working with hazardous substances, materials or chemicals. Legislative and regulatory guidelines require certain health checks, like blood tests and X-rays, based on the materials and chemicals your employees work with. These checks are designed to catch any health issues linked to exposure to workplace hazards, such as lung problems.

WHA's health monitoring assessments are underpinned by current legislative and regulatory guidelines. For example, WHA Crystalline Silica health monitoring follows Safe Work Australia requirements for workers who carry out ongoing work using, handling, generating or storing materials that contain crystalline silica, and include:

- Medical questionnaire including demographic, medical and occupational history and records of past and potential exposure
- Standardised respiratory questionnaire
- Spirometry (lung function test)
- ILO Chest X-Ray\* (baseline and high-risk workers only)

\*all assessment components are delivered in accordance with current legislative and regulatory guidelines per state/territory.



### WHERE ARE WE?

With extensive coverage across metro and regional Australia and New Zealand, we provide workforce medical assessments through our network of 80+ WHA clinics, supported by 300+ affiliated partners, or on-site at your location.



Hazardous substance health monitoring program supports early detection and intervention for health issues, ensures regulatory compliance, reduces liability, and contributes to a safer, healthier, and more productive work environment.

**Regulatory Compliance:** Implementing a health monitoring program can help you comply with local, regional, and national regulations regarding occupational health and hazardous exposure.

**Early Detection and Risk Management:** By regularly monitoring employee health, you can identify potential and early stages of health issues. Early detection allows for timely medical intervention, improving treatment outcomes and potentially preventing the progression of the disease.

**Improved Productivity:** Health monitoring programs can contribute to a healthier workforce. Healthy employees are generally more productive, experience fewer sick days, and have lower turnover rates, leading to improved overall productivity for your organisation.

**Long-Term Cost Savings:** Investing in employee health monitoring can result in long-term cost savings by preventing medical expenses associated with advanced health issues and by potentially avoiding financial and operational impacts of employee turnover.

**Fostering a Positive Work Environment:** Prioritising employee health fosters a positive work environment and boosts employee morale. This can contribute to higher employee satisfaction, increased loyalty, and a more cohesive team. They also raise employees' awareness about the potential health risks associated with workplace hazardous substance exposure. This increased awareness can lead to better self-care practices and a greater emphasis on using personal protective equipment (PPE) correctly.

**WHA health monitoring programs take the stress out of legislative, industry specific and Safe Work Australia required medicals for your new recruits and existing workforce, including:**

- Crystalline Silica
- Asbestos
- Lead
- Chromium
- Isocyanates
- Benzene
- Mercury
- Polycyclic Aromatic Hydrocarbons
- Cadmium
- Organophosphates

**Contact WHA today to discuss your workplace health monitoring requirements,  
The faster, easier, better choice for your workforce medicals.**



**For further information**

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**WHA**™ workforce  
health  
assessors