

WHA FITNESS TO DRIVE MEDICALS

The health and fitness of drivers is a crucial consideration as it directly contributes to the safety of our roads. WHA takes your employee's fitness to drive seriously with Fitness to Drive, Trucksafe, and Dangerous Goods driver medicals available.



Truck Drivers



Taxi Drivers



Rideshare Drivers



Bus Drivers



Couriers



And More!

THE WHA ADVANTAGE

- A national network of over 550 clinics making it easier to get assessments where needed in-clinic or via telehealth
- Introduction of remote monitoring technology including digital stethoscopes and telehealth allowing us to reach more people, provide better availability and more accurate health monitoring
- WHA doctor's assess candidates via telehealth in conjunction with our experienced assessor team supplying unmatched availability
- Specialist pathways for cardiologists and sleep specialists creates unique opportunities for employers to provide specialist services for their employees, meaning less time spent out of work



WHERE ARE WE?

With extensive coverage across metro and regional Australia and New Zealand, we provide workforce medical assessments through our network of 100+ company owned WHA clinics and 500+ affiliated partners, or on-site at your location.



COMMON MEDICAL CONDITIONS AFFECTING DRIVERS

- Blackouts
- Neurological conditions
- Cardiovascular conditions
- Psychiatric conditions
- Diabetes mellitus
- Sleep disorders
- Hearing loss and deafness
- Substance misuse
- Musculoskeletal conditions
- Vision and eye disorders

Driver assessments keep the roads we share safe and benefit your business by improving the wellbeing of your workforce. They can also support the management of drivers with health conditions so they can keep driving for as long as it is safe to do so.

DANGEROUS GOODS DRIVER MEDICAL

Dangerous goods drivers typically carry more than 500 litres or kilograms of dangerous goods, like:

- Flammable liquids
- Toxic substances
- Gases and solids
- Oxidizing substances

WHA's Dangerous Goods Driver Medical focuses on conditions like sleep disorders, vision and hearing problems, substance misuse, and blackouts.

REQUIREMENTS FOR DRIVERS

The health and fitness of commercial driver requirements are regulated by government authorities, and are set out in the national driver medical standards, and testing may include:

- Minimum vision standards, including visual acuity and peripheral vision, to ensure drivers can identify road signs, hazards, and other vehicles.
- Adequate hearing ability is usually required to ensure drivers can hear warning signals, horns, and other auditory cues on the road.
- Drivers may be assessed for cardiovascular fitness, as heart-related conditions can impact a driver's ability to safely operate a vehicle.
- Maintaining blood pressure within specified ranges is often a requirement, as uncontrolled hypertension may pose risks during driving.
- Drivers with diabetes are often required to demonstrate effective management of the condition to ensure stability while operating a commercial vehicle.
- Some assessments may require screening for sleep apnea, as this condition can affect a driver's alertness and overall fitness for duty.
- Commercial drivers are typically subject to initial and regular drug and alcohol testing to ensure compliance with substance abuse regulations.
- Mental health, including behaviour, cognition, and perception that may potentially impacting one's ability to drive safely.

For further information

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WHATM
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